



St. Gerard's Athletics Club, Dundalk

7 Belfry Gardens
Dundalk
Co Louth

Winter 2013 Newsletter

Dear All,

22nd January 2013

St. Gerard's Athletic club would like to thank everyone for the support/participation you have given the club to date. We are now entering the Winter-Spring season and would like to make you aware of the following notifications.

Training timetable:

Indoor training: Every Friday night (7PM to 8PM in the Muirhevna Sports Hall)
Cost per session: €2 per child

2013 Registrations:

Please fill in the attached registration form and accompany with a photocopy of your passport/birth-certificate (For members not registered before only) and registration fee.

The registration fee for **2013 is €25** for the first child and €20 for each subsequent child.

IMPORTANT: All non-registered Athletes must register by the 1st February 2013. Your assistance in this is essential to ensure that your child can participate in indoor training.

Annual General Meeting:

The Annual General meeting for St. Gerard's Athletic club is coming up. All parents and anyone interested in involvement are welcome to attend. Details below:

Venue: Tom Clarkes bar, Quay Street

Date: Wednesday 13th February 2013

Time: 8PM

New Members Welcome:

St Gerard's Athletic always welcomes new members. Membership is open to all children from the age of 6. We actively encourage children to join from a social and health point of view. Participation, apart from a two session introductory period, will only be available to new members of the club due to Insurance reasons.

[Why not bring a friend along to keep you company and try out Athletics!](#)

Chairman: Christian Maas; **Secretary:** Michael O'Connor, **Treasurer:** Gerry Gilgunn
Coaches: Christian Mass, Brian Murphy, Pierce Byrne, Michael/Valerie O'Connor and Peter Bastibles
Web-site: <http://www.stgerardsac.org/>

Upcoming Athletic Competitions:

Please find below a list of upcoming events that St. Gerard's plan to take part in. All Athletes must be registered and wear Club Colours for these events. More details will follow.

April:

Saturday 13th – Juvenile Pre-Championships (Lourdes Stadium)

May:

Juvenile Track and Field Championships:

Friday 10th May – Lourdes Stadium

Saturday 11th May – Bush Track

Sunday 12th May – Bush Track

July:

Junior, Senior and Master Track

Thursday 18th July – Lourdes Stadium

Summer League

Thursday 4th July – venue TBC

Thursday 25th July – venue TBC

August:

Summer League

Thursday 15th July – venue TBC

October to December:

Cross Country champion dates

Sunday 6th October – Novice and Even Ages - venue TBC

Sunday 13th October – Intermediate and un-Even Ages - venue TBC

Sunday 3rd November – Junior and Senior - venue TBC

Sunday 1st December – Masters - venue TBC

Volunteers/Helpers/Coaches required:

St. Gerard's Athletic club is always open to help in running the club from an administration side to coaching. If anyone is interested please contact one of the members.

Feedback:

St. Gerard's always welcome feedback from its members. If you have any feedback on how we could improve or change please do not hesitate to contact any of the members. You can also send your feedback to the e-mail address below. All feedback will be confidential and reviewed by the committee in detail.

E-mail: stgerardsathleticclub@gmail.com or Stgerardsac@live.ie

Any queries regarding these topics please contact any member of St. Gerard's AC.

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